



CHRISTIAN MEDICAL COLLEGE VELLORE
RANIPET CAMPUS
UROLOGY TRANSPLANT UNIT II
URO TRANSPLANTS -RANIPET

DISCHARGE SUMMARY

Consultants

Dr. SANTOSH KUMAR MS, M.Ch

Dr. RAJIV PAUL MUKHA MS, M.Ch

Dr. SANTHOSH N MS, MCh, DNB(Urol)

Dr. KANAKA MEDALA SRIKANTH MS. M.Ch

Email uro2@cmcvellore.ac.in

Tel (0417) 2224659

Name : TARUN KUMAR

Age : 35

Sex : Male

Ward : D502

Hospital Number : AE87881

Admitted On : 14/12/2024

MRDNo : 24R043571

Discharged On : 25-Dec-2024

**Address : PRABHAT COLONY
CHAS**

BOKARO

JHARKHAND

Pincode : 827013

**Diagnosis: Prospective renal transplant recipient (Pre-emptive)
Blood group - A positive
CKD Stage : 5; eGFR : 10.21 ml/min/1.73sq.m
NKD : Unknown
Hypertension**

History

Mr. Tarun is a known case of chronic renal failure transferred from Nephrology Department for renal transplantation.

Native Kidney Disease : Unknown

Native Kidney Output : 1900ml

Past surgery : Open appendicetomy 15 years ago

Donor : Kamala Devi

Relationship : Mother

Blood group : A Positive

Hospital number : AG43351

HLA Match : 5/10

On Examination

No pallor or pedal edema

BP: 110/76 Pulse: 88/min Height: 172 CM, Weight: 66.8 KG

BMI: 22.6 BSA: 1.79 LBW: 54.17

Chest: Clear, No crepts or rhonchi.

Abdomen: soft, non-tender, No mass palpable, open appendicetomy scar in right iliac fossa

Meatus: Normal.

Testis and cord structures : Normal

DRE: Anal tone normal. 25g clinically benign prostate

Rest of the systemic examination was normal.

Investigations

24/12/2024	HAEMOGLOBIN	7.2	GM%
23/12/2024	HAEMOGLOBIN	7.2	GM%
	Schistocyte-0.1%, Ms Yamini/Dr. Meenakshi		
22/12/2024	HAEMOGLOBIN	6.7	GM%

	SODIUM	141		
	POTASSIUM	3.4	m mol/L	
	BICARBONATE	16	m mol/L	
22/12/2024	SERUM ELECTROLYTES			
	SODIUM	139	m mol/L	
	POTASSIUM	3.6	m mol/L	
	BICARBONATE	18	m mol/L	
21/12/2024	SERUM ELECTROLYTES			
	SODIUM	140	m mol/L	
	POTASSIUM	3.8	m mol/L	
	BICARBONATE	17	m mol/L	
20/12/2024	SERUM ELECTROLYTES			
	SODIUM	141	m mol/L	
	POTASSIUM	4.2	m mol/L	
	BICARBONATE	19	m mol/L	
19/12/2024	SERUM ELECTROLYTES			
	SODIUM	139	m mol/L	
	POTASSIUM	4.6	m mol/L	
	BICARBONATE	20	m mol/L	
18/12/2024	SERUM ELECTROLYTES			
	SODIUM	151	m mol/L	
	POTASSIUM	5.1 R	m mol/L	
	BICARBONATE	15	m mol/L	
20/11/2024	SERUM ELECTROLYTES			
	SODIUM	132	m mol/L	
	POTASSIUM	3.8	m mol/L	
	BICARBONATE	19	m mol/L	
04/11/2024	MULTIPLE ELECTROLYTE AND RENAL			
	SODIUM	140	m mol/L	
	POTASSIUM	4.2	m mol/L	
	BICARBONATE	13	m mol/L	
	CHLORIDE	107	m mol/L	
	UREA	77	mg%	
	CREATININE	5.09	mg%	
	URIC ACID	8.6	mg%	
M:3.4-7.0; F:2.4-5.7				
	CALCIUM	8.6	mg%	
	PHOSPHORUS	3.1	mg%	
	PROTEIN TOTAL	7.6	g/dL	
	ALBUMIN	4.7	g/dL	
23/12/2024	UREA/CREATININE			
	UREA	39	mg%	
	CREATININE	1.32	mg%	
22/12/2024	UREA/CREATININE			
	UREA	38	mg%	
	CREATININE	1.35	mg%	
21/12/2024	UREA/CREATININE			
	UREA	35	mg%	
	CREATININE	1.43	mg%	
20/12/2024	UREA/CREATININE			
	UREA	46	mg%	
	CREATININE	1.77	mg%	
19/12/2024	UREA/CREATININE			
	UREA	75	mg%	
	CREATININE	2.99	mg%	
18/12/2024	UREA/CREATININE			
	UREA	83	mg%	
	CREATININE	3.80	mg%	
20/11/2024	UREA/CREATININE			
	UREA	71	mg%	
	CREATININE	5.44	mg%	
24/12/2024	ELEC/RENAL			
	SODIUM	139	m mol/L	
	POTASSIUM	3.3	m mol/L	
	BICARBONATE	19	m mol/L	
	UREA	31	mg%	
	CREATININE	1.23	mg%	
17/12/2024	ELEC/RENAL			
	SODIUM	137	m mol/L	
	POTASSIUM	5.0	m mol/L	
	BICARBONATE	16	m mol/L	
	UREA	90	mg%	
	CREATININE	4.89	mg%	
16/12/2024	ELEC/RENAL			
	SODIUM	138	m mol/L	
	POTASSIUM	4.8	m mol/L	
	BICARBONATE	18	m mol/L	
	UREA	93	mg%	

Tab. Valstead 450 mg once a day on alternate day
Tab. Wysolone 10 mg once daily
Tab. Septran 480 mg once a daily on alternate day
Tab. Pantocid 40mg once daily
Syr. Sucralfate 2 tsp twice daily

Review in Nephrology Transplant OPD
Review in Urology Transplant OPD after a week
Review in Urology Transplant OPD at one month, three months and then yearly with serum creatinine, urine routine analysis and urine microalbumin.

GENERAL INSTRUCTIONS

KINDLY AVOID DRUGS TOXIC TO THE KIDNEY:

Avoid pain killers containing Non Steroidal Anti Inflammatory drugs (NSAIDs). Always consult a MD physician aware of your kidney status before taking any pain killer medication. Inform all the physicians about your solitary kidney status. Certain drug formulations (NSAIDs) commonly used that should be avoided as far as possible are:

1. Diclofenac
2. Nimesulide
3. Ibuprofen
4. Ketoprofen
5. Indomethacin
6. High dose Aspirin
7. Celecoxib, Etoricoxib, Rofecoxib
8. Piroxicam, Meloxicam
9. Mefenamic Acid

MANY OF THESE DRUGS MAY BE PRESENT IN TABLETS CONTAINING PARACETAMOL. KINDLY PLEASE GO THROUGH THE CHEMICAL CONTENT OF THE PARACETAMOL CONTAINING DRUGS AND IF THEY CONTAIN ADDITIONAL NSAIDs TRY TO AVOID TAKING THEM.

KIDNEY SAFE PAIN KILLERS:

Plain paracetamol 500mg is allowed for pain relief along with drugs such as Cap. Proxyvon Or Tab. Tramadol 25 mg

Unless strongly indicated DO NOT TAKE the following antibiotics: Gentamycin, Tobramycin, Amikacin, Netilimicin

All antibiotics should be used only under medical supervision - especially drugs such as Ciprofloxacin, Levofloxacin, Gatifloxacin, etc...

Before any radiological procedure such as CT scan MRI or angiogram ensure that IV contrast agents are not going to be used as they may deteriorate kidney function. Their use has to be done only if the benefit of the scan outweighs the risk of acute kidney injury in the clinical scenario. Discuss this with your physician when the situation arises.

Many alternative forms of medicines (HERBAL ETC.) may contain substances that could be harmful to the kidney and hence it may be safe to avoid them.

THESE ARE ONLY GENERAL GUIDELINES, PLEASE CONSULT YOUR DOCTOR FOR SPECIFIC SITUATIONS. YOUR DOCTOR WILL BE ABLE TO PROVIDE YOU BEST OPTIONS FOR YOUR SITUATIONS.

In case of any emergency occurring immediately after discharge (temperature, blood in urine, persistent vomiting or not feeling well otherwise), please come to C602 and meet Transplant Registrar. After working hours, please report to CMC Ranipet Emergency Department with a copy of your discharge summary.

You can book advance appointment for new and revisit patients by logging on to www.cmcvellore.edu - patient services - appointments. Our outpatient clinic days are Tuesday and Friday.

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